

# RESTORE CONTROL REGAIN YOUR LIFE

Understand your options and decide  
if Medtronic Bowel Control Therapy  
is right for you

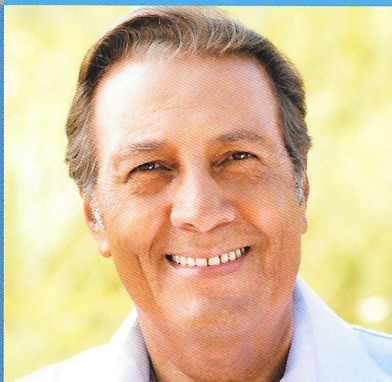




# KNOW YOU'RE NOT ALONE

Fecal incontinence (FI) affects more than **20 million** American adults.<sup>1,2</sup>

As someone affected by FI, you know just how much it interrupts your life. But it doesn't have to be this way. You have an option for long-term relief.<sup>3</sup>



## Are you ready for a different approach?

- ✓ Have you tried diet changes, physical therapy, or medications?
- ✓ Have you been frustrated by side effects or unsatisfied with the results?

**Achieve lasting control with Medtronic Bowel Control Therapy delivered by the InterStim™ system.<sup>3</sup>**



# CHOOSE A SAFE AND PROVEN APPROACH

Medtronic Bowel Control Therapy delivered by the InterStim™ system is also known as sacral neuromodulation (SNM). It restores\* bowel function by delivering mild electrical pulses to the sacral nerves.<sup>4</sup>

These electrical pulses are thought to normalize the bowel-brain communication pathway — an issue other treatments may not address. Miscommunication between the bowel and brain may be the cause of your bowel control problems.

**89% of people using  
Medtronic Bowel Control  
Therapy experienced long-  
term success.<sup>3†</sup>**

People using physical therapy, medications, or diet changes to control their bowel symptoms often see no significant improvement.<sup>5</sup>

\* Defined as a 50% or greater reduction in your troublesome bowel symptoms.

† This patient group had data at both baseline and the five-year year visit. Another analysis reported 69 percent of people achieved success with Medtronic Bowel Control Therapy. For this patient group, missing data at five years because of a device-related reason was counted as failure or, if it was missing for non-device-related reasons, the most recent data was carried forward.



## BOWEL CONTROL THERAPY AT-A-GLANCE

- Experience bowel control superior to diet changes, physical therapy, or medications.<sup>5</sup>
- Say yes to the test — Try the therapy first with an office-based evaluation
- Visit [medtronic.com/bowel](http://medtronic.com/bowel) and [medtronic.com/youtubebowel](http://medtronic.com/youtubebowel) for more information and resources. You'll also have the opportunity to talk with someone living with the therapy.

### Safety information

The most common adverse events include: implant site pain, paresthesia, change in sensation of stimulation, implant site infection, urinary incontinence, neurostimulator battery depletion, diarrhea, pain in extremity, undesirable change in stimulation, and buttock pain.